

## **Certified Nursing Assistant (CNA/GNA)**

Nursing Assistants are caring and compassionate, enjoying working with people and want to make a difference in the quality of someone's life. If you fit that description, please consider training for this important career.

Nursing Assistants work in a variety of medical facilities including nursing homes, assisted living facilities, hospitals, doctors offices, or even in the patient's home. Under the guidance of a nurse, nursing assistants follow the care plan which may include assisting the client with dressing, bathing, feeding, mouth care, assisting to ambulate or other activities of daily living. This is front line patient care which provides time to build relationships with the client and the family.

Trainings include a theory portion with lecture and lab practice. To gain practical experience students then go on to a clinical rotation at a local nursing home. By taking classes part-time students will need about 3 months to complete the program and will then go through the Maryland Board of Nursing application to become certified.