



Gameplan for Academic Success

Name: _____ Date: _____

Program of Study: _____

Academic improvement does not happen on its own; rather, it requires an active approach that includes knowledge, assessment, and planning. My Gameplan has four steps designed to assist you in:

1. Declaring what your academic goal is.
2. Understanding policies regarding probation and dismissal, repeat options, and grade point averages.
3. Identifying factors that compromised academic success.
4. Designing a plan for the coming semester and identifying resources that will address areas affecting academic success.

1. DECLARING GOALS

Why am I here at Garrett College?? Be very specific. _____

After Garrett College, I plan to:

- Transfer to another institution – Name of Institution:

- Enter the world of work – Career Choice:

You only have to believe that you can succeed, that you can be whatever your heart desires, be willing to work for it, and you can have it.

– Oprah Winfrey

2. UNDERSTANDING THE RULES

YOU are expected to take responsibility for your own academic success and degree achievement.

Academic standing is calculated at the end of the Fall and Spring semesters and is determined by your number of credit hours attempted and your cumulative grade point average (CGPA). You must maintain academic good standing in order to be eligible for graduation and, in many cases, to be accepted into a transfer institution.

Academic standing may also affect athletic and financial aid eligibility. There are three levels of academic standing:

Good Standing: You are making satisfactory progress towards the completion of your academic program, as measured by your hours attempted and cumulative grade point average.

- 0-15.99 credit hours attempted and CGPA of 1.50 or above
- 16-28.99 credit hours attempted and CGPA of 1.75 or above
- 29+ credit hours attempted and CGPA of 2.00 or above

Probation: You are not academically progressing, as measured by your hours attempted and CGPA.

Dismissal: If, while on probation, you do not achieve the CGPA to be in good standing, you are academically dismissed from the College.

My Academic Status: Good Standing Probation Continued Probation Readmit After Dismissal

My current cumulative GPA: _____ / 4.0 CGPA I Need to Achieve to Return to Good Standing: _____

THE BAD STUFF ABOUT BEING ON PROBATION

Did you know that if you are on probation for one semester or more...

- You may lose any scholarships that have a minimum GPA requirement, including the County Scholarship Program?
- You might lose your Financial Aid eligibility and not be able to get Pell Grant and other funds?
- You may not be able to work on-campus as a Resident Assistant or in a work study position?
- You might not be eligible to play College competitive sports?
- You might not be allowed to return to Garrett College for a period of up to 5 years?
- You may not be able to transfer to another college or university?
- If you are not in college full-time, you may have to start paying back your student loans immediately?

Please check all these that would affect YOU if you don't get off of probation.

REPEATING COURSEWORK

If you repeat a course, the higher grade will be used to compute the cumulative GPA. Although all grades will be recorded on transcripts, you may earn credit only once. Academically, a Withdraw 'W' grade is not included in hours attempted and is not considered a repeat (however, a "W" grade is counted differently for Financial Aid).

Federal Pell Grant, Scholarships, and other financial awards have specific regulations regarding repeating courses. As such, your Financial Aid award may not pay for repeats; contact the Financial Aid Office directly for more information.

True or False ...

- If I retake a course, both grades will appear on my transcript. True False
- If I retake a course, both grades will figure into calculating my CGPA. True False
- If I repeat a course that I received a "D" in, I'll earn credit for that course twice. True False
- If I repeat a course, the higher of the two grades will be used to calculate my CGPA. True False

Classes I need to repeat in order to bring up my GPA:

_____	_____	_____
_____	_____	_____
_____	_____	_____

CALCULATING YOUR GPA

Use the on-line GPA Calculator for the following scenarios: <http://www.garrettcollege.edu/academics/?pg=gpa>

- The GPA for a student who has the following grades (all classes are 3 credits): F, F, B, C is a _____.
- The GPA for a student who repeated just one of the failed courses and got a C (F, C, B, C and all classes are 3 credits) is a _____.
- The GPA for a student who has first semester grades of F, F, B, C and second semester grades of B, C, D, B (all classes are 3 credits and no classes are repeated) is _____.

3. IDENTIFYING WHAT WENT WRONG

Read the following statements carefully. Be honest with your responses – indicate what you actually do and not what you know you should be doing!

MOTIVATION

On the following scale of 1 – 10, please circle the number which tells yourself and others how you view your own motivation to succeed as a good student in college. You must circle one number -- please rate yourself honestly.

1 2 3 4 5 6 7 8 9 10

What the numbers might mean:

- 1 = "I'm not here to go to classes. This is what my parents are making me do and they are the ones paying for it! I'm really here to PARTY!"
- 5 = "It would be better for me and my family if I go to school and get some direction in my life. I know college is kind of important because others tell me it is; I just don't know how it applies to me."
- 10 = "I will do ANYTHING to help myself get the best possible grades that I am capable of so I will graduate and complete my course work, and I respect myself for thinking and feeling this way!"

Now that you've circled the number that best represents your level of motivation, please write down three reasons why you picked this number.

1. _____
2. _____
3. _____

Based on your responses to the prior statements, list the challenges you have in terms of motivation that could get in your way and how you will overcome them in order to have a more successful semester.

STUDY SKILLS

1. I look at the syllabus in advance for each class and am aware of when assignments are due.
 Always Often Sometimes Never
2. I have the next class's reading assignment and other homework completed before that class.
 Always Often Sometimes Never
3. I normally wait until a test or exam is scheduled before reading textbooks or reviewing lecture notes.
 Always Often Sometimes Never
4. My lecture notes prepare me adequately for quizzes, tests and exams.
 Always Often Sometimes Never
5. I have difficulty preparing for quizzes or tests because I have trouble predicting what will be on them.
 Always Often Sometimes Never
6. I generally depend on last minute cramming to do well on quizzes or tests.
 Always Often Sometimes Never
7. I have used resources such as contacting my instructor, talking to an academic advisor, using the Math Lab, using the Writing Center, asking for help from a librarian, etc.
 Always Often Sometimes Never

Based on your responses to the above statements, list the skills that you think you need to improve upon in order to have a more successful semester.

Success in life is founded upon attention to the small things rather than to the large things; to the everyday things nearest to us rather than to the things that are remote and uncommon.

-- Booker T. Washington

TIME MANAGEMENT

1. Read the following statements carefully. Mark down how many hours you spend each week on studying, working, or other commitments. This will help determine if you have enough time to dedicate to the amount of school work you may have.

_____ Studying (Monday through Friday)	_____ Playing video games
_____ Studying (Saturday and Sunday)	_____ Girlfriend/Boyfriend/Spouse
_____ Working at a paid job	_____ Volunteering
_____ Friends (cell phone, hanging out, Facebook, etc.)	_____ Family
_____ Sleeping	_____ Other Commitments

2. Did you have trouble finding enough time for studying in the previous semester? Yes No

*If yes, how have you changed your time commitments for the upcoming semester to allow for more study time?

ATTENDANCE

1. How frequently did you attend class during the previous semester? Always Often Sometimes Never
2. How frequently have you been attending classes this semester? Always Often Sometimes Never
3. Indicate below how many classes you have missed in each of your courses this semester so far. In the last column list the attendance policy for each course.

COURSE	# OF CLASSES MISSED	ATTENDANCE POLICY OF THIS CLASS
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

4. What have you done to make up for missed coursework in the past?

A. Copied other students' notes/materials	<input type="checkbox"/> Always	<input type="checkbox"/> Often	<input type="checkbox"/> Sometimes	<input type="checkbox"/> Never
B. Consulted with the instructor	<input type="checkbox"/> Always	<input type="checkbox"/> Often	<input type="checkbox"/> Sometimes	<input type="checkbox"/> Never
C. Nothing	<input type="checkbox"/> Always	<input type="checkbox"/> Often	<input type="checkbox"/> Sometimes	<input type="checkbox"/> Never
D. Other (please specify) _____				

NECESSARY CHANGES

Having completed this self-assessment, list 3-4 behaviors that you have begun to do or know you need to do that will increase the likelihood of a successful semester.

1. _____
2. _____
3. _____
4. _____

Any additional comments or concerns:

Success isn't something you chase. It is something you have to put forth the effort for constantly, then maybe it will come when you least expect it.

-- Michael Jordan

4. DESIGNING A PLAN FOR THIS SEMESTER

The classes I am taking this semester are:

COURSE	DAY/TIME	INSTRUCTOR	1st Time	Repeating
1. _____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>
2. _____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>
3. _____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>
4. _____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>
5. _____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>

THINGS TO KNOW

I understand that currently my GPA is _____ and that my current probation level is _____.

In order to get off academic probation, I must have a cumulative GPA _____.

The last day to drop a course for the semester is _____.

The deadline for a full term withdrawal for the semester is _____.

CAMPUS RESOURCES

Which of the available resources at Garrett College are applicable to my circumstances and can help me be successful?

OFFICE	LOCATION	PERSON TO TALK TO
<input type="checkbox"/> Learning Resource Center	_____	_____
<input type="checkbox"/> Advising/Career/Transfer Services	_____	_____
<input type="checkbox"/> Counseling	_____	_____
<input type="checkbox"/> Health Services	_____	_____
<input type="checkbox"/> Faculty Advisors	_____	_____
<input type="checkbox"/> Writing Center	_____	_____
<input type="checkbox"/> Math Lab	_____	_____
<input type="checkbox"/> Tutoring	_____	_____
<input type="checkbox"/> Residential Life Staff	_____	_____
<input type="checkbox"/> Business Office	_____	_____
<input type="checkbox"/> Financial Aid	_____	_____
<input type="checkbox"/> Records & Registration	_____	_____

STUDENT PORTAL

Where on the Student Portal can you view and print ...

- The classes you need to take in order to meet your graduation requirements? _____
- The classes offered this semester and whether there are seats available? _____
- The grades you have received in the classes you have already taken? _____
- The name of your Faculty Advisor? _____
- Your Advisor's office location and office hours? _____
- Your unofficial transcript? _____
- Any Holds placed on your account that prevent you from registering for classes and getting a transcript? _____

LAKER EMAIL

Successful students check their Laker Email on a daily basis in order to receive important information from instructors and other College officials.

I agree to check my Laker Email everyday. Yes No

The difference between a successful person and others is not a lack of strength, not a lack of knowledge, but rather in a lack of will.

-- Vincent T. Lombardi

WEEKLY STUDY SCHEDULE

First, fill in the appropriate blanks with your scheduled classes. **Next, for each hour of class, designate at least two hours per course credit when you will study and complete assignments outside of class time.** If you'd like, you can also include some of your other commitments, such as athletics, work, etc, but be sure to include them only AFTER you list class and study time.

TIME	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Midnight</i>							
1:00 am							
2:00 am							
3:00 am							
4:00 am							
5:00 am							
6:00 am							
7:00 am							
8:00 am							
9:00 am							
10:00 am							
11:00 am							
<i>Noon</i>							
1:00 pm							
2:00 pm							
3:00 pm							
4:00 pm							
5:00 pm							
6:00 pm							
7:00 pm							
8:00 pm							
9:00 pm							
10:00 pm							
11:00 pm							

I agree to follow this study plan this semester in order to be more academically successful. Should I find I am not following this plan, I will immediately talk to my advisor or another faculty/staff member.

Signature of Student: _____ Date: _____